

Do What You Are (Myers Briggs) Reflection

This reflection is due at the next class period. Use the Information found in Naviance and your own experience for support.

1. According to the Do What You Are Inventory, what is your (letter combination) "Personality Type"? In a short paragraph, talk about what matches what you already knew about yourself and what was surprising.
 - a. I am an ISFJ personality type. I already knew I was an introvert. I can be social and I like hanging out with my friends but I also really value my time alone. I can see how I would be a sensor because I like to work with concrete things. However, I really enjoy thinking about ideas that aren't "facts". I am a feeler. I like to help people and I'm a fan of friendly, supportive people. I am a judger because I like just making a decision and then not thinking much about it again. Indecisive people are one of my pet peeves. Everyday when I go home, I do my homework before relaxing because putting things off makes me stressed. One thing did say I was a leader and that is 100% false because there is literally nothing I would rather do less than lead.
2. List here your strengths and blindspots. Choose two of these and provide a short anecdotal example of when you displayed this characteristic in your life.
 - a. Your strengths may include:
 - Thoroughly researching information and collecting relevant facts
 - Making thoughtful decisions based on practical considerations
 - Conducting organized, well-planned-out research
 - Impressing people that you are a hardworking, ethical, conscientious person
 - Being a good listener and not dominating the conversationYour blind spots may include:
 - Being too humble, and not presenting your accomplishments in the best possible context
 - Appearing to be less enthusiastic than you may really be
 - Not being open to explore possibilities that don't fit your current plan
 - Not anticipating how decisions you make now may affect you in the future
 - Lacking objectivity when making important decisions.
 - b. I am a pretty good listener. My best friend and I facetime a lot because she doesn't go to garnet valley just so I can hear about her life and what's new. I like listening to all of the new things going on in her life. I can appear less excited than I actually am. I was at a swim meet last weekend and I actually placed. It was a really good race and I was super excited but according to my mom, I didn't look that excited.
3. Consider your college satisfiers and career satisfiers in a short paragraph. Does anything surprise you about these results? Might this impact your college and career search in any way?
 - a. It says I should go to a friendly, non-competitive school which makes sense because I hate stress. It also says there should be a practical curriculum which I feel like is kind of the whole point of going to college, so that one should be covered at almost any college. It says I should work on projects that help people

which is pretty cool and I mean I guess I like making people feel better. I agree that I should work in private. It says I should use my skills of remembering facts and details which surprises me because I have an awful memory. I forget everything if it's not written down or a reminder in my phone.

4. Particularly look at your learning style. What aspects of this surprises you or reinforces what you already knew? Make sure to support your answer with evidence from your own academic career so far.
 - a. It says I should study alone which makes sense because I only ever study alone. I like to be left alone with my quizlet and whenever I try to study with other people I get distracted and just end up talking to my friend. I really like a friendly tension free learning environment. Last year, I had Mr.P for west civ and I learned so much because he gives out the notes so you don't have to rush around trying to write down on the notes. I learn so much better when I can just listen to the teacher instead of worrying about taking notes.

5. Of the long list of careers recommended for people with your Personality Type, select five that might interest you and type here the five and at least one major needed to enter each field.
 - a. Model needs a major in fashion modeling
 - b. Self- enrichment education teacher needs a major in adult and continuing education and teaching
 - c. Amusement and recreation attendants which has no majors listed
 - d. Sociologist which requires a major in social sciences
 - e. Recreation worker has a major in parks, recreation, and leisure facilities management